

## PG Forum

### REHAB CHALLENGE

An 16 year old girl from poor socioeconomic status studying in class x presented in PMR OPD with sudden onset severe weakness of right upper limb ( Fig 1) preceded by severe indirect injury around her right shoulder 2 ½ years back. Initially she was treated with hyper-abduction splint, exercise therapy and electrical stimulation for few months. But there is very poor clinical response from the above regimen. Electrodiagnostic study of her both upper limb was also corroborative with her clinical status.

Later on a tendon transfer surgery (Trapezius to Supraspinatus) ( Fig 2) was done aiming independent shoulder abduction, unfortunately she didn't receive a proper post operative rehabilitation regimen for independent functioning of right upper limb. After that she was treated intermittently by different specialist in several hospitals without any positive response.

When we examined the patient (fig 3), we found a muscle power of 1/5 in Supraspinatus and deltoid, 3/5 trapezius, 0/5 in biceps , 1/5 in triceps, 3/5 in wrist extensors and 3/5 in intrinsic muscles of hand. This young girl is very keen to perform independent ADL by her right upper limb.

Please opine regarding further rehabilitation plan for this patient.



Fig 1



Fig 2



Fig 3

## Medical Philately

### Libya 1985 World Health Day SG1668 Wheelchair / Elderly



**Country** Libya  
**Date** 1985  
**Disability** Wheelchair  
**Meta** stamp, disability, outside centre, Libya, 1985, World, Health, Day, SG1668, Wheelchair, Elderly  
**Number** sg1668



**Country** Pakistan  
**Date** 2003-12-03  
**Disability** Crutches  
**Meta** philately, stamps, digital disability, theme, imagery of disability on postage stamps, outside centre, crutches, integration, friends, social integration  
**Theme** Integration International Year of Disabled People  
**Size:** 29 x 34 mm  
**Face value:** 2 RP - Pakistani rupee